

# COMMUNITY-BASED TOURISM



## TARIJA, LAND OF WINE AND CHARM



<b>Route:</b>	<b>History, Live culture</b>
<b>Duration:</b>	<b>5 days / 4 nights</b>
<b>Connection:</b>	<b>Starts and ends in Tarija</b>
<b>Guide:</b>	<b>Spanish-speaking</b>
<b>Difficulty:</b>	<b>Easy</b>
<b>Comfort:</b>	<b>Good</b>



### DAY 1

During the afternoon we visit Tarija city in order to get acquainted with its history and culture. We visit the **Casa Dorada**, the **Museo Paleontológico**, the **Castillo Azul** and some green areas and miradors. On our way we pass through the ornamented avenues bordering poetical **river Guadalquivir**.

### DAY 2

Next day morning we head to **Valle de Concepción** where we visit wineries and vineyards. Concepción is a pleasant valley located at 25 km from the city and shows a typical grapevine-growing landscape. There the most renowned Tarija wines and *singanis* are produced. We visit the "La casa vieja" craft winery and manor and the "La Concepción" or "Kohlberg" industrial winery where we are invited to wine tasting and a walk across the vineyards. We return to Tarija around 6.00 pm where we have dinner and spend the night.

### DAY 3

Third day we continue our tour heading to San Pedro de Sola, at a 30 minutes ride from Tarija city. There we go for a walk along a series of paths surrounding the village where we can watch local flora, the Horse Stone (*Piedra Caballo*) and Inca rock paintings. On our way we will see several crystalline water pools where you can have a bathe. We have dinner and stay overnight at the San Pedro de Sola community hostel.

### DAY 4

Fourth day morning, we go for a walk to Vinchala mirador from where you have a panoramic view on Tarija city. On our way we will visit the fox hunting (trap) and also some Inca ruins and we will watch the lovely Vinchala stone. Lunch at the hostel and in the afternoon we will enjoy a cultural show of regional dances such as *zapateo*, *chapaqueada*, and typical seasonal music performed with regional instruments such as *erque*, *caja*, violin, etc. You can also have some famous *patero* (foot-pressed) wine.

### DAY 5

Fifth day morning we go for a walk to other miradors providing different views on the Tarija valley and the village. We go back to the hostel for lunch. In the afternoon you can opt for some horse-riding (optional) before our return trip to Tarija city.

### ADVICE

We recommend our visitors to take comfortable clothing, walking shoes and a small rucksack for personal belongings.



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