



SAJAMA NATIONAL PARK



Route: Live culture, ecotourism
Duration: 2 days / 1 night
Starts and ends in La Paz (or Oruro)
Guide: Spanish-speaking
Difficulty: Easy
Comfort: Good (double rooms with private bath)



DAY 1

At 08:30 a.m. we pick you up at your hotel in La Paz and head to the centre of Parque Nacional Sajama: the **Tomarapi community hostel** where you will find all modern comfort and talented community-based cooks and guides. After lunch we have a walk along Huaña Khota lagoon in order to watch the **vicuñas** and we venture to wander in the proximity of the **geysers**. Late in the afternoon we go for a bathe in the enjoyable Manasaya **hot springs**. If we are lucky, maybe we can watch some local fauna species such as **puma** (cougar), **viscacha**, **suri** (Andean ostrich). Dinner and accommodation in Tomarapi.



DAY 2

After second day's breakfast, we go for a walk into the **queñua woods**, the trees that **grow at the highest altitude in the world**. We go up until reaching the *bofedal* (swamps) mirador where the community-based families take their *llamas* and *alpacas* for grazing. There we can admire giant mount Tata Sajama, located at more than 6,000 meters above sea level. From there you can also enjoy a panoramic view on Sajama National Park. After that we go back to our hostel for lunch. On our way back we stop at Curahuara de Carangas in order to visit its colonial church known as the "**Altiplano Sistine Chapel**". Our return trip to La Paz arrives around 06.00 p.m.

ADVICE

We recommend our visitors to take warm clothing, comfortable walking shoes, a hat, sun-block cream and sunglasses.



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