

# THREE DAYS FOR THE COMMUNITIES

COMMUNITY-BASED TOURISM



**Route:** Live culture, ecotourism  
**Duration:** 3 days / 2 nights  
**Starts and ends in:** Rurrenabaque  
**Guide:** Spanish-speaking  
**Difficulty:** Regular  
**Comfort:** Rustic



## PROGRAMME

We invite you to go for a walk across the forest in **an area enjoying an abundant biodiversity** whose protection is possible thanks to the village community actions. We will explain you our initiative to protect the environment as a whole whose conservation is achieved **through the communities own efforts and supported by tourism**.

### DAY 1

During the first day we will show you, among others, the sustainable use of timber and medicinal plants. We will share our knowledge and exchange experiences as regards sustainable use of the forest and natural sites. We will camp that night.

### DAY 2

On the second day we will visit the **indigenous T'simane community** who are excellent experts as to the deep forest. They will transmit part of their ancestral wisdom about local fauna and flora. Through this exploration round trip you will learn how to survive in the forest. Once more we camp that night.

### DAY 3

On the third day we visit **Nuevos Horizontes** village where we meet **craftswomen from different cultural origin**, most of them coming from the lowlands. They will teach you how to transform raw materials into wonderful hats, small boxes and all kinds of handicrafts. After that we head to **Playa Ancha** where you will meet Don Eusebio, who is from Quechua origin, and you will get acquainted with the way he implemented different agro-forestry, reforestation, pisciculture and cattle-breeding systems in order to optimize the use of soil and widen the diversity of ecological products. We finally go to **El Chocolatal** where local women transform wild fruit into exotic wine, jam nectar and other totally natural products.



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## ADVICE

We recommend you to take fresh clothing, comfortable shoes, repellent, sunglasses and sun-block cream.

