

# ONE DAY FOR THE COMMUNITIES



**Route:** Live culture, ecotourism  
**Duration:** 1 day  
**Starts and ends in:** Rurrenabaque  
**Guide:** Spanish-speaking  
**Difficulty:** Regular



## PROGRAMME

We invite you to go for a walk across the forest where you will find an abundant biodiversity whose protection is possible thanks to the village community actions. We will explain you our initiative to protect the environment as a whole while walking through this natural area that isn't benefitted by any kind of support by public institutions but whose conservation is achieved through the communities own efforts and supported by tourism. During the day we will show you, among others, the sustainable use of timber and medicinal plants. We will share our knowledge and exchange experiences as regards sustainable use of the forest and natural sites.

At first we visit **Nuevos Horizontes** village where the "Tres palmas" craftswomen association will receive you with open arms and show you how to transform fibre from different kinds of palm-tree leaves into beautiful hats, fans and a wide range of multi-coloured objects that offers you a new opportunity to learn and experience sustainable development.

In **Nueva Esperanza**, at "El Progreso" Women's Association, who are from lowlands cultural origin, ecological fruit is transformed in an ecological way into wine, jam and nectar that contain plenty of nutrients. You will be able to try exotic products from the Reserva Pilón Lajas.

In **Playa Ancha** you will visit Don Eusebio's family who is from Quechua origin, and you will get acquainted with the way they implemented different agro-forestry, reforestation, pisciculture and cattle-breeding systems in order to optimize the use of soil and widen the diversity of ecological products.

## ADVICE

We recommend you to take fresh clothing, comfortable shoes, repellent, sunglasses and sun-block cream.



Sagárnaga Street # 227/La Paz - Bolivia

Tel.: (591) 2- 2140653 / (591) 72207682

[viajes@tusoco.com](mailto:viajes@tusoco.com)