

WILD NATURE AND INDIGENOUS CULTURE



Route: Lowland Culture - Ecotourism

Duration: 2 days / 1 night

Starts and ends in La Paz

Guide: Spanish speaker

Difficulty: Easy

Comfort: Good



DAY 1 RURRENABAQUE – SAN MIGUEL DEL BALA

We meet in Rurrenabaque and head to the port, where the bote waits for transporting us during 40 minutes by Beni River inside the jungle till Eco-Hostel San Miguel de Bala. With the local guide we walk by the rainy forest for learning the old hunting techniques from Tacana's. With several traps as a starting point the guide explains how hunting before was to get meat and horns such as jaguars, trooppigs, monkeys, birds and tapirs. We return to the lodge for lunch. During the afternoon we have a short walking to San Miguel Community. Here the guide tells us boat daily life, crops, building techniques, religion, crafts, customs and traditions from the place. A huge experience is the cane juice preparation in the mill. For those who know the first step in the long and heavy process of making sugar, never be the same sweeten your coffee.

DAY 2 SAN MIGUEL DEL BALA – RURRENABAQUE

After breakfast we sail the boat by the river, until our destiny where an adventures walk begins following a stream through the rainforest. During the way the guide explains about wildlife present. We get into a natural pool with clear water of a beautiful waterfall where you can take a refreshing swim. We back to Eco-lodge where a lunch waits for us then take a nap in the hammocks. During the afternoon we go for a walk in an area full of medical plants named "La farmacia de San Miguel" (San Miguel Drugstore). The guide shares his knowledge about medical plants and how you can treat any sickness with natural medicine and with a good relationship with Pachamama – Mother Earth. We back to Rurrenabaque at sunset.

INCLUDES:

- Transport
- Full feeding
- Lodgment
- Guided activities
- Join the attractions

NOT INCLUDED:

- Souvenirs
- Alcoholic beverages
- Tips

RECOMMENDATIONS

We recommend our visitors to wear light clothes, insects repellent and a small backpack for your personal belongings.



227 Sagárnagastreet La Paz - Bolivia
 Phone: (591) 2- 2140653 / (591)72207682
 viajes@tusoco.com