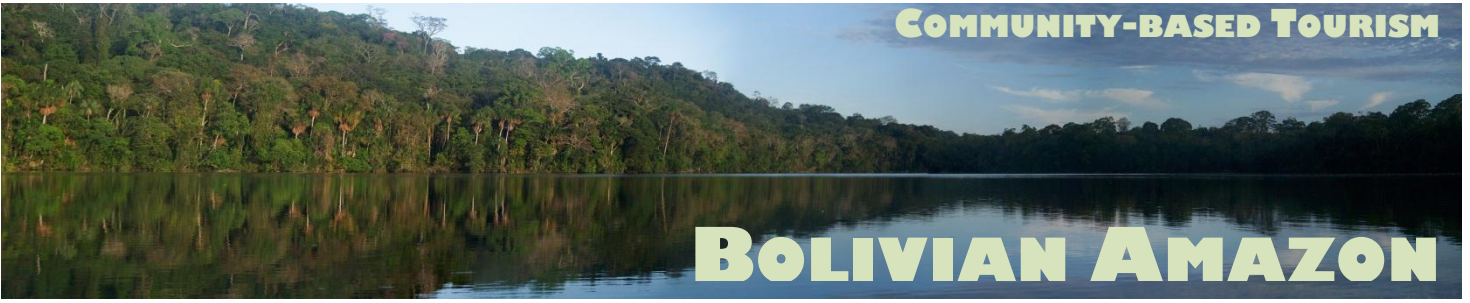


BOLIVIAN AMAZON



Route: Live culture, ecotourism
Duration: 4 days / 3 nights
Starts and ends in La Paz
Guide: Spanish-speaking
Difficulty: Easy
Comfort: Good

DAY 1

The first day morning we pick you up at your hotel in La Paz and take you to El Alto airport in order to take a flight to Rurrenabaque (40mn) Amazon town, along that flight you will enjoy an amazing view on the Cordillera Real mountain range. In the afternoon guides of TES – *Turismo Ecológico Social* or Social Ecological Tourism – will take you to the *Nuevos Horizontes* village, where the craftswomen association will show you the whole Jipi Japa (palm) manufacturing process. After that we go back to Rurrenabaque where we have dinner together with the TES guide, followed by accommodation in a comfortable hotel.

DAY 2

The second day we travel by boat to Chalalán on river Beni and later get to Madidi on river Tuichi watching the fauna and the Bolivian Amazon spectacular landscape. That outward trip takes 5 to 6 hours. In the afternoon we go for a short walk along the *Paraba* path where your guide will show you building plants, useful timber, palms and traditional and sustainable use of the natural resources. After dinner we suggest a short nocturnal (1 to 2 hours) canoe trip in order to watch amphibians, night birds, fishing bats and alligators that are easily sighted because of the amazing glittering of their eyes.

DAY 3

The third day morning we will walk through the primary forest watching and learning about the close forest and the wildlife. After lunch we'll have a nap on the hammocks or a swim in Lake Chalalán. In the afternoon we invite you to another walk to learn about medicine plants and other forest resources. After that we go back to the hostel by boat and have a traditional "*dunucuabi*" dinner. Later we propose a short nocturnal walk along the *Paraba* or *Silbador* path. Back in the hostel you can join the traditional Quechua – Tacana night show with music and local dances performed by the San José de Uchupiamonas village community.

DAY 4

Buffet-type breakfast at the hostel dining-room and after that a short walk to the Chalalán port to board a boat for your return trip to Rurrenabaque. This return trip by boat takes 3 hours. During the trip we recommend you to pay attention to the Bolivian Amazon fauna. Back in Rurrenabaque we'll take you to the airport. At the El Alto airport, a driver will be waiting for you to transfer you to your La Paz hotel.

ADVICES

We recommend our visitors to carry light clothing, an insect repellent and a small rucksack for personal belongings.



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