



- INCLUDE:**
- Transport
 - Food
 - One night in APSU lodge
 - Guided activities
- DO NOT INCLUDE:**
- Souvenirs
 - Alcohols
 - Tips



Route: Culture of the Altiplano
Duration: 2 days / 1 night
 Starts and ends in Oruro or Challapata
Guide: Spanish speaker
Difficulty: Easy
Comfort: Regular



Craftswomen of the community of Livichuco are hand-knitted masters. The designs used in women's "aguayos", "phullus" and caps could be either ancestral or fruits of the pure imagination and know-how of the author. In creating the association APSU (Artesanías Para Seguir Unidos) 12 years ago, the communities have undertaken the rescue and the appreciation of the handcrafted output which is without any chemist. Today we invite you to discover all the home-made process of these textiles, done by women who reproduce thousand-year-old gestures and explain their work.

1ST DAY ANCESTRAL EXHIBITION

We will leave Oruro city in the morning passing through Challapata and we will arrive at the Livichuco's community at midday. We will make ourselves comfortable in the lodges and we will have lunch. Then, we will attend the exhibition of the home-made process of original textiles and we will enjoy traditional music and dances of Livichuco. We will have the pleasure to taste typical dishes of the region during the diner.

2ND VISIT OF THE COMMUNITY

In the morning of the second day we will do a three-hour trek through the ancient Inca path, and then we will take the opportunity to visit the community. We will come back to the lodging to have lunch. In the afternoon, we will return to Oruro city.

RECOMMENDATIONS

We advise our visitors to bring wrapped up clothe, trekking shoes, hat and protective cream for the sun.



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